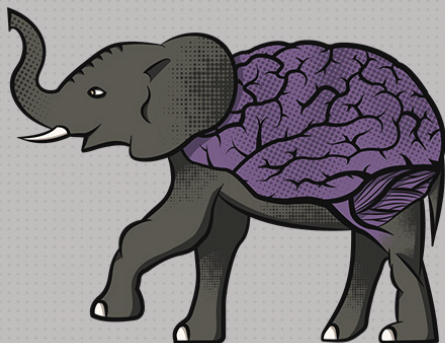


THE ELEPHANT IN THE ROOM

CONNECTING THE GOSPEL AND MENTAL HEALTH



More than a series, **The Elephant in The Room** was a conversation starter. Here are some resources that we hope will help you keep the conversation going. Never forget that the gospel speaks to the issue of mental health, and that even though **mental illness may not always be solveable, it is always serveable.**

COUNSELING

Concord Counseling Associates & Natalie Atwell Counseling

170 Davidson Highway, Suite 201
Concord, NC 28027
980.209.6328

www.concord-nacounseling.com

Common Grounds Christian Counseling

2522 Plantation Center Drive
Matthews, NC 28105
704.737.4436

www.commongroundscounseling.com

COACHING/CRISIS

The LifeChange Group North Carolina

2215 Hwy 52 N.
Albemarle, NC 28001
www.lifechangegroup.org

Gateway of Hope Addiction Recovery and Legacy Sober House

Larry Wilkins
704.322.2206
stanlyrecovery@gmail.com

COMMUNITY

Almost without exception, mental health professionals agree that **community** is critical in the mental health journey. While we anticipate the return of Community Groups in the fall, we offer these **Summer Study groups** as a place that you can find community and support.

Emotionally Healthy Spirituality

8 Sessions beginning the end of June
led by Paul and Wendy Jenkins

Loving Our Kids on Purpose

9 Sessions beginning the end of June
led by Brigette Kimmer

Interested in one of these groups? Text **SUMMER** to **704.870.4486** to get more information.

THE
ELEPHANT
IN THE ROOM



For more resources or to watch messages from the series, visit
thegatheringnow.com/media/archives/2021/elephant-mental-health